

# art and homeopathy



**The latest in  
the art of  
homeopathy**

[www.artandhomeopathy.org](http://www.artandhomeopathy.org)

**Why art and homeopathy?**  
We know homeopathy is an art and a science. For Hahnemann it's the Medical Art. When we take a case it's the art of finding the remedy at the root which is the most challenging.  
To do it we employ a whole array of guides, tools, authorities and senses. But if we just go back to the Organon, we are told to believe and trust in the expression of the patient as paramount. What is this expression? In all of its aspects it's the whole way the patient has their being. After using our senses we then use the guides etc. to make sense of the information about their being. Including the artistic self.  
Artistic expression is one way of them showing their being. Not just say, drawing a picture, but expressing their creative force. The urge to be creative is human. It's about the inner force beyond survival. Only when the life force is nearly spent do we lose it. It's the fire which drives the inner creative, expressive self.  
The hardest cases are those where there is no spark showing clearly. Then we resort to using the most apparent polychrest. We have missed the creative moment. Some homeopaths ask for a drawing, others ask about hobbies, some ask

What we as a group seek to do is use art in its many forms, to explore the connections between art, health and healing, with homeopathy as the focus. We are a diverse collection of people with this mission, with a shared vision, doing our own thing but sharing our results. Join us today! We welcome all, homeopaths and artists. (p to)

This image was used, in part, to prescribe Silica to an artist and M.E patient who cannot walk, with some success.



for dreams. All are about the creative spark. With a lot of patients who are artists, they are in tune with their creative force on a daily basis. They express themselves and their root in their work, usually as an unconscious balance.  
It is possible to use this artistic expression as a basis for prescribing. What is expressed is a distillation of the root. It can be called the central delusion, as Sankaran has done, and see this as what is to be cured.

*"It is certain that, on hearing about a patient's ailments and sensibilities, one has to ascribe belief principally to the patient himself, especially to his own expressions with which he can render an account of his sufferings. However it is just as certain that the investigation of the true and complete image of the disease and its details requires special circumspection, scrupulousness, knowledge of human nature, cautious enquiry and patience – all to a high degree".*  
Samuel Hahnemann

*"The highest ideal of cure, that is rapid gentle and permanent restoration of health, can only be achieved by the unprejudiced and real awareness of the root of the problem, which is usually a delusion".*  
Rajan Sankaran

*"Man cannot persist long in a conscious state, he must throw himself back into the Unconscious, for his root lives there...take for example a talented musician, composing an important score; consciousness and unconsciousness will be like warp and weft"*  
J W Goethe

*"Of the various symbols in which different observers in different societies have expressed the alternation between a static condition and a dynamic activity in the rhythm of the Universe, Yin and Yang are the most apt, because they convey the measure of the rhythm direct and not through some metaphor derived from psychology or mechanics or mathematics".*  
Arnold Toynbee

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## Art matters to homeopaths

Art is the window to the soul – the psyche in Greek. It lets us see into and exposes what's inside, outwards. Homeopaths pick up on this in patients. Art can express in a distillation and send messages with it. Art is like the lava flowing from an opening in the crust of the earth-or the weaknesses in the human organism. It shows the power of the truth. Homeopaths can read this and respond. Art has the power to bring about change



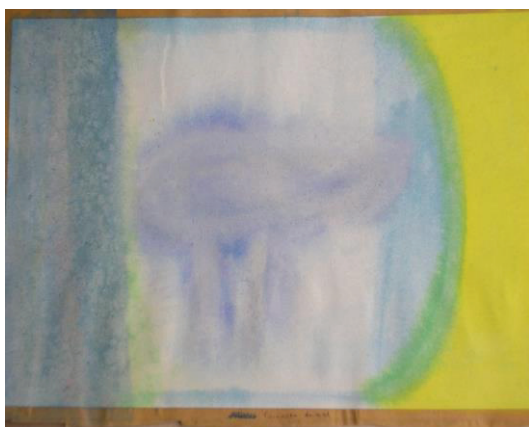
This image of a dead boy, Aylan, being carried by the policeman rescuer has started a movement the politicians can't stop. It's connected us all as humans.



This image in 1972 brought home the horror of war in Vietnam and started an anti war movement in the US. The naked child in the centre cried out for all humanity. But it's not just images which do it.

*Shall I compare thee to a summer's day?  
Thou art more lovely and more temperate:  
Rough winds do shake the darling buds of May,  
And summer's lease hath all too short a date;*

These words are as moving and as powerful as any image in expressing the fragility of life. Shakespeare has distilled what we all know into four lines. As homeopaths we have to do this with what patients reveal to us.



A 44 year old woman with special needs, patient of a colleague, went from painting the unformed image on the left to the happy clear image of a friend on the right, after having *Thuja* and *Pulsatilla*. And her skin improved. Window on the soul. See [www.homeopathy.org](http://www.homeopathy.org) for the whole case. Homeopaths are in touch with these things because we can tune in to what the person expresses and translate it into the remedy which can reveal and heal. On a fundamental level art is the one way in to all suffering and healing as it transcends boundaries and exposes truth.